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RISBOROUGH
FESTIVAL
2023

24TH JUNE - 1ST JULY



**MICHAEL
GRAHAM**

*Michael Graham proudly support
the Princes Risborough Festival*

www.princesrisboroughtowncouncil.gov.uk

 [princesrisboroughtc](https://www.instagram.com/princesrisboroughtc)

 [risboroughtowncouncil](https://www.facebook.com/risboroughtowncouncil)

 [princesris](https://twitter.com/princesris)

PRINCES RISBOROUGH TOWN COUNCIL IS PLEASED TO INTRODUCE THE PROGRAMME FOR FESTIVAL WEEK 2023



This will be the sixth year the Town Council has run the much loved Festival week & Summer Festival. We are excited to celebrate the very best of our town and community alongside you all once again. The 2023 programme sees the return of some regular favourites which share the heritage of our beautiful town, along with new events which showcase all the vibrant activities readily available to residents. With so much on offer, we urge you to have a good read through and try something new this week (some events will require pre-booking). Please support our local businesses and organisations that make Risborough such a great place to live.

The week of events will culminate in our beloved Street Festival on Saturday 1st July, where we will see our High Street filled with entertainment, stalls, and so much more! (See pages 18-19).

Thank you to everyone who has helped or contributed towards this event.

We hope to see you during Festival Week.



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This years' festival is very kindly sponsored by C. Putnam and Sons Ltd

All enquiries to c.putnamandsons@btconnect.com or 01844 347944

Summerleys Farm, Summerleys Road, Princes Risborough, Buckinghamshire, HP27 9QD

Win **£200*** for your school!

Book a valuation between **1st June 2023**
and **31 August 2023** and present this
page to the valuer to be entered into
a draw to win a **£200** donation for a
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in a **HP27** postcode.



Book your free valuation today
call 01844 345666 visit **jnp.co.uk/win200**
or scan the QR code

Princes Risborough - 01844 345666 | High Wycombe - 01494 528000
Hazlemere and Great Missenden - 01494 716000 | Amersham - 01494 725656



Terms & Conditions Apply - see jnp.co.uk/win200 for details.



SATURDAY 24TH JUNE

FITNESS IN THE PARK 9:30-10:20

ST DUNSTONS PARK, MILL LANE, HP27 9JF

Group cardio and weight workout (using dumbbell exercises) for all abilities. Low to high impact and low to high intensity exercises. Whole body workout for strengthening, fat burning, getting active and feeling great. Each exercise will have adaptations to suit your fitness ability, experience and to cater for any previous injury/difficulties. All ages are welcome. I have dumbbells to borrow if you do not have any. Please bring a mat or towel to lie on and a drink. Wear supportive footwear and clothing with appropriate layers.

For more information, please contact:

Charlie Steptoe: 07930 915859 or on Instagram: @charlie_fitness_academy

FREE GYM SESSION 09:30-13:30

RISBOROUGH SPRINGS SWIM & FITNESS CENTRE, WADES PARK, STRATTON ROAD, HP27 9AX

Free gym session for the over 16's at Risborough Springs. Please visit reception to complete a health commitment statement before using the facility. Conditions apply.

Contact Risborough Springs on: 01844 274200 for more information.

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-13:00

PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Pop in to see us at Princes Risborough Library to purchase something from our array of books – from second hand to brand new, to help us raise money to fund future events and activities for our community.

THE PRINCES RISBOROUGH PHOTOGRAPHIC SOCIETY EXHIBITION 10:00-13:00

MEETING ROOM AT PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

R&DMRC OPEN DAY 10:00-16:00

ST MARY'S CHURCH HALL, CHURCH LANE, HP27 9AW

Risborough & District Model Railway Club will be hosting an Open Day in St Mary's Church Hall, do drop in and have a chat about railways and modelling. We will have displays of club.

projects and can help you with layout design & construction, DCC, CAD, laser cutting, 3D printing, making models from card, plastic, brass etc. Light refreshments are available.

For more information on R&DMRC please visit: rdmrc.org.uk or email: rdmrc@btinternet.com

SALLYS POP UP SHOP AND FREE WORKSHOPS 10:00-16:00

BAPTIST CHURCH, UPPER HALL, BELL STREET, HP27 0AD (LIMITED CAR PARKING)

Lots of Yarns, Fabrics and Haberdashery, Crochet patterns and kits at great prices for sale, along with vintage clothes and accessories between 10am and 4pm. Have a go at hand quilting from 10am-12pm, all materials provided. Embroidery demo and you can have a go from 1pm to 3pm. Please contact me by email or mobile if you would like to book a place.

To contact Sally, call: 07746 509927 or email: sally@spurway.biz

PARTY IN THE PARK 11:00-16:00

WADES PARK, STRATTON ROAD, HP27 9AX

A FREE day of fun for all the family. To celebrate the work of the North West Chilterns Community Board, head to Party in the Park for an afternoon of fun and entertainment. There will be plenty of stalls showcasing local produce, crafts and wares, as well as performances from local singing and dance groups and lots of activities for the whole family to enjoy.

For more information please see North West Chilterns Community Board's Facebook Page or email: jackie.binning@buckinghamshire.gov.uk

FREE FAMILY SWIM 13:15-14:00

RISBOROUGH SPRINGS SWIM & FITNESS CENTRE, WADES PARK, STRATTON ROAD, HP27 9AX

Free family swim session. Please call ahead to book into the session, as numbers are capped. Conditions apply.

Contact Risborough Springs on: 01844 274200 for more information.

SUNDAY 25TH JUNE

RISBOROUGH RUN IN THE PARK 5K FROM 09:00

WADES PARK, STRATTON ROAD, HP27 9AX

Risborough Run in the Park is a free, weekly 5k run in Wades Park. This is a family-friendly event open to runners of all ages and abilities and is a great way to return to running or to maintain your fitness.

Find out more and register for free at: risboroughruninthepark.weebly.com



LITTLE KICKERS CLASS 08:45-11:15
WADES CENTRE, WADES PARK, HP27 9AX

Book your child in for a FREE TASTER session for one of our fun, football classes:

8:45-9:30am – Little Kicks class for children from 18 months to 2.5 years.

9:35-10:20am – Junior Kickers class for Children from 2.5 years to 3.5 years.

10:25-11:10am – Mighty Kickers class for children from 3.5 years to 5 years old.

Please email: mk@littlekickers.co.uk or call: 01494 911133 to book (Spaces must be booked in advance!).

PR PHOTOGRAPHIC SOCIETY COMPETITION

PR Photographic Society invites you to participate in their photography competition for *“Best photo that captures the essence of Princes Risborough Town Festival”*. The rules and competition details are as follow:

- Must be taken at this year’s Festival
- Open to all over 18
- Up to 5 images may be entered per individual
- Prize is one year’s membership to Princes Risborough Photographic Society
- Entries will be judged by a panel of photographers
- Winner will be notified by 31st July 2023
- Winner retains all copyright of their photograph but consent to Princes Risborough Photographic Society using it for publicity purposes

Entries to be submitted by 14th July to prphoto.society@gmail.com



This years’ festival is very kindly sponsored by:



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A beautiful peaceful garden with its own bar for super swift services.



A great selection of wines from our very own wine shop to take away or have delivered to your door.

We have a lovely function room available to hire out for private dining, parties or meetings.



Vouchers available to purchase to treat a friend or a loved one to spend in the Wine Bar or the Wine Shop.

Amazing platters, pizzas, salads and light bites. Something for everyone!



01844 274060

HELLO@DUKESWINEBAR.CO.UK

DUKES WINE BAR, 19 DUKE STREET
 PRINCES RISBOROUGH, HP27 0AT

This years' festival is very kindly sponsored by:

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28 High Street, Princes Risborough HP27 0AX
01844 397 020
www.lightfoots.co.uk
enquiries@lightfoots.co.uk



REG WOMBLES LITTER PICK 09:30-11:30

**MEET AT THE GRASS AREA BETWEEN
ELM ROAD & THE FIRE STATION
OFF NEW ROAD, HP27 OBS**

Risborough Environment Group invites you to join the REG Wombles on a community litter pick. We will loan out litter picking gear and form teams covering different routes in the town and surrounding countryside. We ask that you wear your own hi-vis top where possible, strong footwear and gloves. Parents are responsible for their children at all times.

Registration essential. Please register by Friday 23rd June by emailing: regbucks@gmail.com

**BOBBIN LACEMAKING DEMONSTRATION
10:00-16:00**

THE CREW CAFÉ, WADES PARK, HP27 9AX

Join Risboro' Lacemakers for a demonstration of bobbin lacemaking. You will see beautiful pieces of lace being handmade and have the chance to chat about this traditional Buckinghamshire craft. There will also be a couple of lace pillows available for you to have a go yourself. No booking required.

risborolacemakers@gmail.com

MONDAY 26TH JUNE**REFLEXOLOGY TASTER TREATMENTS
09:00-15:00**

**THE TREATMENT ROOM, EAVES COURT,
THE RETREAT, HP27 OJQ**

Enjoy a free mini Facial Reflexology or Foot Reflexology taster treatment with Helen Isaacs Holistic Therapies. Booking is essential.

*For appointments please call
Helen on: 07786 464722 or email:
helenisaacs@therapies@hotmail.com*

TOTS TENNIS TASTER SESSION 14:00-14:30

**PRINCES RISBOROUGH LAWN TENNIS CLUB,
NEW ROAD, HP27 OJN**

Tots Tennis is perfect for 2.5-4.5 year olds working on their movement, balance and coordination skills. Tennis equipment for all sessions will be supplied. This is free to attend.

*Contact Princes Risborough Lawn Tennis Club
at: www.facebook.com/prltc*

FREE DANCE & DRAMA CLASSES 16:00-21:30

ST MARY'S CHURCH HALL, CHURCH LANE, HP27 9AW

Stage Plus runs a variety of classes in Princes Risborough and Lacey Green for all ages and abilities. These include Ballet, Tap, Modern, Musical Theatre, Acro, Contemporary,

Drama as well as Adult Tap and Modern dance. Please come and try out a class!

To find out more, please contact Stage Plus by email at: stageplus@hotmail.com

FREE YOGA TASTER 18:00-19:00

21 PICTS LANE, HP27 9DX

A gentle intro to yoga, breathing techniques and meditation. No previous experience required. If possible bring an exercise mat, a water bottle, wear loose comfortable layers & avoid eating a few hours before. Depending on the weather we will be in or outside.

*Please reserve your place via:
cathwes@hotmail.com or: 07746 368085.*

RUNNING CLUB IN THE PARK 18:45-19:35

ST DUNSTANS PARK, MILL LANE, HP27 9JF

Group running for total beginners and those wanting to run 5km to marathon. Mixed impact and mixed intensity, depending on what level options you want to take within the session. All ages are welcome. Whole body workout for strengthening, fat burning, getting active and feeling great. This is a fun, social, differentiated session to suit your needs and fitness ability, whatever your starting point. Bring a drink. Wear supportive footwear and clothing with appropriate layers.

*For more information, please contact:
Charlie Steptoe: 07930 915859 or on
Instagram: [@charlie_fitness_academy](https://www.instagram.com/charlie_fitness_academy)*

**HERITAGE SOCIETY TOWN WALK
19:00 FOR A 19:15 START**

MOUNT CAR PARK, STRATTON ROAD, HP27 9AN

A light hearted factual stroll through Risborough's history. No charge but a donation to the Society would be greatly received! No booking required, just turn up. This is one of the festival's most popular events. Meet at the Mount car park entrance, Stratton Road.

*Contact Chris Kingham on: 07840 769857
for more information.*

**RISBOROUGH YOUTH CLUB
OPEN SESSION & BBQ 19:00-20:30**

**RISBOROUGH YOUTH CLUB,
HAWTHORN ROAD, HP27 0BT**

Outdoor games and activities with a barbecue hosted by the staff and volunteers at Risborough Youth Club. Open to all young people aged 11-17, as well as parents, potential volunteers and anyone else who would like to know more about the Risborough Youth Club.

*Find out more about Risborough Youth Club
at: risboroughyouth.club*



RONIN TAIJUTSU
JUNIOR TASTER SESSION 19:00-20:00
SENIOR TASTER SESSION 20:00-21:30

**WHITELEAF SCOUT HALL,
 COURTMOOR CLOSE, HP27 9NB**

The Ronin Taijutsu have been in the local community since 1989. Come along and learn a lifesaving skill in street self-defence. Fun and friendly club for both children and adults. The junior session is for those aged 5-13 and the senior session is for 14+. All classes are FREE in the festival week.

*Please see our website for more information:
www.ronintaijutsu.co.uk or email Clare
 Gunning at: ronin-taijutsu@hotmail.com*

TUESDAY 27TH JUNE

HR DROP IN FOR BUSINESS OWNERS
 09:00-16:00

**PRINCES RISBOROUGH LITERARY INSTITUTE,
 37 HIGH STREET, HP27 0AE**

Attracting, hiring and retaining happy and engaged staff is vital to your business success.

If you are a business owner looking to hire your first... or twenty-first employee, have questions about contracts and policies, or any other general recruitment and HR questions, visit us for a quick chat over a cup of tea!

*For more information on HR by Tara,
 please visit: www.hrbytara.com*

RISBOROUGH LOFT OPEN HOUSE 09:00-16:00

**PRINCES RISBOROUGH LITERARY INSTITUTE,
 37 HIGH STREET, HP27 0AE**

Risborough Loft is a friendly, affordable coworking space upstairs at the literary institute. We are running an open house on the 27th and 28th June so if you want a quiet space to get some work done and explore our facilities come along!

*Book a space by emailing us at:
micahhampson@yahoo.co.uk*

**BOBBIN LACEMAKING HAVE A
 GO SESSION 09:30-11:30**

CHERRY BAKER ROOM, WADES CENTRE, HP27 9AX

This beginner session will give you the opportunity to try the traditional Buckinghamshire craft of bobbin lacemaking. You will see our group of beginner lacemakers at work and a selection of



THE PRINCES CENTRE
 AWARD WINNING DAYCARE

Need a break from caring? Looking for stimulation? Looking for socialisation or to experience something new? We could be the answer!

The Princes Centre in the heart of Princes Risborough is an award-winning day service for older people, with or without any form of memory loss, adults of all ages with learning disabilities and those with mental health issues that find they benefit from stimulating and social activities. We offer painting, memory games, armchair exercises, flower arranging, bingo, pottery, cooking and bowling, to name but a few.

We open 9am-3pm Monday to Friday, we can offer transport to and from the centre.

For an informal chat please contact Kim or Irene on 01844 345105

www.princescentre.org.uk Clifford Road, Princes Risborough, Bucks HP27 0DP



THE PRINCES CENTRE
****Double Award Winners**

**COMMUNITY BUSINESS OF THE YEAR
 AND EMPLOYEE OF THE YEAR**





completed lace projects. Booking is not required and you don't have to stay for the whole session.

risborolacemakers@gmail.com

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-17:30

PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Pop in to see us at Princes Risborough Library to purchase something from our array of books – from second hand to brand new, to help us raise money to fund future events and activities for our community.

THE PRINCES RISBOROUGH PHOTOGRAPHIC SOCIETY EXHIBITION 10:00-17:30

MEETING ROOM AT PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

REFLEXOLOGY TASTER SESSIONS – 30 MINS 14:00-17:00

UPPER EAST, SHOOTACRE LANE, HP27 9EH

Enjoy a 30-minute Reflexology taster session for free with WhiteLeaf Therapies.

To book your treatment, please contact Rebecca at: rebecca@whiteleaf-therapies.clinic or telephone: 07768 955261.

FREE DANCE & DRAMA CLASSES 16:00-21:30

ST MARY'S CHURCH HALL, CHURCH LANE, HP27 9AW

Stage Plus runs a variety of classes in Princes Risborough and Lacey Green for all ages and abilities. These include Ballet, Tap, Modern, Musical Theatre, Acro, Contemporary, Drama as well as Adult Tap and Modern dance. Please come and try out a class!

To find out more, please contact Stage Plus by email at: stageplus@hotmail.com

FREE YOGA TASTER 17:00-18:00

21 PICTS LANE, PRINCES RISBOROUGH, HP27 9DX

A gentle intro to yoga, breathing techniques and meditation. No previous experience required. If possible bring an exercise mat, a water bottle, wear loose comfortable layers & avoid eating a few hours before. Depending on the weather we will be in or outside.

Please reserve your place via: cathwes@hotmail.com or 07746 368085.

LET'S TALK NUTRITION 19:00-20:00

PRINCES RISBOROUGH NURSERY, 83 STATION ROAD, HP27 9DN

An introduction to nutrition for adults and children. Steps how to make healthier choices towards a positive and balanced diet. Those that attend will come away with realistic simple nutrition strategies

that can be put in place into every day to day, to achieve optimal nutrition for you and your family.

For more information, please contact: Charlie Steptoe: 07930 915859 or on Instagram: @charlie_fitness_academy

2 FOR THE PRICE OF 1 BADMINTON 20:00-22:00

PRINCES RISBOROUGH SCHOOL SPORTS HALL, ACCESS FROM NEW ROAD

The Kop Hill Badminton Club has been going for over seven years. Have you never heard of us? Come to meet our friendly group and bring a friend. During the PR Festival Week we are running a 2-for-1 offer: £7 for two people playing for 2 hours (£3.50 each for 2 hours play). From rusty rackets to advance, we welcome all levels and have spare rackets to borrow. We play with feathers shuttlecocks every Tuesday evening at PRS Sport Hall - 8 to 10 pm.

Finds us on Facebook: [KopHillBadmintonClub](https://www.facebook.com/KopHillBadmintonClub)

WEDNESDAY 28TH JUNE

HR DROP IN FOR BUSINESS OWNERS 09:00-16:00

PRINCES RISBOROUGH LITERARY INSTITUTE, 37 HIGH STREET, HP27 0AE

Attracting, hiring and retaining happy and engaged staff is vital to your business success. If you are a business owner looking to hire your first... or twenty-first employee, have questions about contracts and policies, or any other general recruitment and HR questions, visit us for a quick chat over a cup of tea!

For more information on HR by Tara, please visit: www.hrbytara.com

RISBOROUGH LOFT OPEN HOUSE 09:00-16:00

PRINCES RISBOROUGH LITERARY INSTITUTE, 37 HIGH STREET, HP27 0AE

Risborough Loft is a friendly, affordable coworking space upstairs at the literary institute. We are running an open house on the 27th and 28th June so if you want a quiet space to get some work done and explore our facilities come along!

Book a space by emailing us at: micahhampson@yahoo.co.uk

This Programme has been designed, printed and delivered by

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www.chilternviewmagazines.co.uk



TOTS TENNIS TASTER SESSION 09:30-10:00
PRINCES RISBOROUGH LAWN TENNIS CLUB,
NEW ROAD, HP27 OJN

Tots Tennis is perfect for 2.5-4.5 year olds working on their movement, balance and coordination skills. Tennis equipment for all sessions will be supplied. This is free to attend.

Contact Princes Risborough Lawn Tennis Club at: www.facebook.com/prltc

HYPNOS FACTORY TOUR 10:00-11:30
HYPNOS FACTORY & SHOWROOM,
LONGWICK ROAD, HP27 9RS

Find out how mattresses are made right here in the heart of Princes Risborough, the home of the Royal Bedmakers. This tour will focus on sustainable fibres and the traditional methods used that help make Hypnos mattresses the most comfortable mattresses in the world. Please note this event consists of a walking tour through our factory with limited accessibility.

Limited spaces! For further details or to book a space on one of our tours, please email: info@hypnosbeds.com or call: 01844 348200.

REFLEXOLOGY TASTER SESSIONS – 30 MINS
 10:00-13:00

UPPER EAST, SHOOTACRE LANE, HP27 9EH

Enjoy a 30-minute Reflexology taster session for free with WhiteLeaf Therapies.

To book your treatment, please contact Rebecca at: rebecca@whiteleaf-therapies.clinic or telephone: 07768 955261.

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-13:00

PRINCES RISBOROUGH LIBRARY,
BELL STREET, HP27 0AA

Pop in to see us at Princes Risborough Library to purchase something from our array of books – from second hand to brand new, to help us raise money to fund future events and activities for our community.

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Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

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01844 344802

mcdonaldmotors@btconnect.com



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FREE BABY SENSORY TASTER SESSION
12:30-13:30

TOP HALL AT PRINCES RISBOROUGH BAPTIST CHURCH, 42 BELL STREET, HP27 0AD

A carefully structured 1 hour class, with magical sensory activities and fantastic information about baby development. Delivered by a highly trained and DBS checked Class Leader. Classes are built on your baby's natural play-rest-play cycle to ensure they are not over stimulated. For babies from birth-13 months.

Booking is essential. For more information and to book: www.babysensory.com/chesham-amersham

SCHOOL CONCERT - PRINCES RISBOROUGH PRIMARY SCHOOL 12:30-13:30

ST MARY'S CHURCH, CHURCH LANE, HP27 9AW

Head to St Mary's Church, Princes Risborough, for a lunchtime concert from Princes Risborough Primary School. Tea and coffee will be provided. Free to attend, donations are welcome.

For more information, please contact: office@prpght.co.uk

TENNIS OPEN EVENING 18:30-21:30

PRINCES RISBOROUGH LAWN TENNIS CLUB, NEW ROAD, HP27 0JN

Adults are invited to come and play in a fun, relaxed environment at Princes Risborough Lawn Tennis Club's Open Evening.

For more information, please visit: www.pritc.com/home/

WEIGHTS AND BANDS IN THE PARK
18:45-19:35

ST DUNSTANS PARK, MILL LANE, HP27 9JF

Group weights and band resistance workout with low impact and mixed intensity to suit all fitness abilities and experience. Whole body workout for strengthening, fat burning, getting active and feeling great. Each exercise will have adaptations to suit your fitness ability, experience and to cater for any previous injury/difficulties. All ages are welcome. I have dumbbells to borrow, if you do not have any. Please bring a mat or towel to lie on and a drink. Wear supportive footwear and clothing with appropriate layers.

For more information, please contact: Charlie Steptoe: 07930 915859 or on Instagram: @charlie_fitness_academy

QUIZ NIGHT 19:30-21:30

THE BIRD IN HAND, 47 STATION ROAD, HP27 9DE

This is no ordinary quiz night! Get a team together and join us for a night of trivia, tasks and creativity! Free drinks and prizes to be won! An optional £2 donation for charity is requested as an entrance fee.

For more information, please see @thebirdinhandpr on Instagram

HERITAGE SOCIETY TOWN WALK

19:00 FOR A 19:15 START

MOUNT CAR PARK, STRATTON ROAD, HP27 9AN

A light hearted factual stroll through Risborough's history. No charge but a donation to the Society would be greatly received! No booking required, just turn up. This is one of the festival's most popular events. Meet at the Mount car park entrance, Stratton Road.

Contact Chris Kingham on: 07840 769857 for more information.

REG - HELPING OUR NATURAL ENVIRONMENT DISCUSSION 19:30-20:30

FIRST FLOOR MEETING ROOM, THE LITERARY INSTITUTE, 37 HIGH STREET, HP27 0AE

Drop in to find out what the Risborough Environment Group are doing, and how YOU can help us care for the natural environment in Risborough and beyond. Litter picking, conservation work parties, chalk stream water quality and wildlife monitoring are all on our list of activities. This event is free to attend.

Booking not required but contact: regbucks@gmail.com with any queries.

A SWIFT WALK TO LOOK FOR OUR SUMMER VISITORS 20:45-22:00

UNDER THE MARKET HOUSE, MARKET SQUARE, HP27 0AN

Just turn up to join us for a gentle stroll to look out for our town's Swifts, those amazing, acrobatic, migratory birds, as they swoop around to feed on the wing and visit their nests around the town centre. Our stroll will be cancelled if rain is falling during the evening, of course!

Contact Risborough Environmental Group at: regbucks@gmail.com for more information.





THURSDAY 29TH JUNE

PRINCES RISBOROUGH MARKET

07:30 ONWARDS

HIGH STREET, HP27 OAX

Come along and visit our Thursday market that takes place along the High Street weekly. Open from 07:30, our friendly vendors offer a variety of goods including fruit and veg, plants and flowers, jams and produce, baked goods, fresh fish, and so much more!

HYPNOS FACTORY TOUR 10:00-11:30

HYPNOS FACTORY & SHOWROOM, LONGWICK ROAD, HP27 9RS

Find out how mattresses are made right here in the heart of Princes Risborough, the home of the Royal Bedmakers. This tour will focus on sustainable fibres and the traditional methods used that help make Hypnos mattresses the most comfortable mattresses in the world. Please note this event consists of a walking tour through our factory with limited accessibility.

Limited spaces! For further details or to book a space on one of our tours, please email: info@hypnosbeds.com or call: 01844 348200.

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-16:00

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Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

SEATED YOGA WITH CATH CAMPBELL 11:00-12:00

MEETING ROOM AT PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 OAA

Join us for gentle seated yoga, breathing techniques and meditation. No previous experience required. Wear loose comfortable layers & avoid eating a few hours before. Registration is essential.

Please reserve your place via Princes Risborough Library or online through the Buckinghamshire Council website.

SCHOOL CONCERT - MONKS RISBOROUGH C OF E PRIMARY SCHOOL 12:30-13:30

ST MARY'S CHURCH, CHURCH LANE, HP27 9AW

Head to St Mary's Church, Princes Risborough, for a lunchtime concert from Monks Risborough C of E Primary School. Tea and coffee will be provided. Free to attend, donations are welcome.

For more information, please contact Mrs N Hirst on: 01844 345590 or email: nhirst@monks.org.uk

REFLEXOLOGY TASTER SESSIONS – 30 MINS 14:00-17:00

UPPER EAST, SHOOTACRE LANE, HP27 9EH

Enjoy a 30-minute Reflexology taster session for free with WhiteLeaf Therapies.

To book your treatment, please contact Rebecca at: rebecca@whiteleaf-therapies.clinic or telephone: 07768 955261.

FREE DANCE & DRAMA CLASSES 16:00-21:30

ST MARY'S CHURCH HALL, CHURCH LANE, HP27 9AW

Stage Plus runs a variety of classes in Princes Risborough and Lacey Green for all ages and abilities. These include Ballet, Tap, Modern, Musical Theatre, Acro, Contemporary, Drama as well as Adult Tap and Modern dance. Please come and try out a class!

To find out more, please contact Stage Plus by email at: stageplus@hotmail.com

THE FUTURE IS OURS TO MAKE - A FILM AND INFORMATION EVENING 19:00 FOR A 19:15 START

BRUSHWOOD SUITE, WADES CENTRE, HP27 9AX

Find out about the positive changes happening in response to climate change and what's already being done locally. To include a film from acclaimed filmmakers Peter Armstrong and Anuradha Vittachi "Right here right now". Followed by conversation and information about a shared vision of the future we want to create. This event is free to attend. No booking required.

For more information, please contact: Risboroughclimateaction@gmail.com

PRINCES RISBOROUGH SCHOOL DANCE SHOW 19:00

MAIN HALL, PRINCES RISBOROUGH SCHOOL, HP27 ODR

Annual showcase of student work from the year, showcasing student performances from years 7 – 13 and featuring special guests from our local Primary Schools.

For more information and to purchase tickets, please visit: www.ticketsource.co.uk/princes-risborough-school



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RONIN TAIJUTSU

JUNIOR TASTER SESSION 19:00-20:00

SENIOR TASTER SESSION 20:00-21:30

WHITELEAF SCOUT HALL, COURTMOOR CLOSE, HP27 9NB

The Ronin Taijutsu have been in the local community since 1989. Come along and learn a lifesaving skill in street self-defence. Fun and friendly club for both children and adults. The junior session is for those aged 5-13 and the senior session is for 14+. All classes are FREE in the festival week.

Please see our website for more information: www.ronintaijutsu.co.uk Contact Clare Gunning at: ronin-taijutsu@hotmail.com

FRIDAY 30TH JUNE

MONKEY MUSIC CLASSES FOR BABIES, TODDLERS AND PRESCHOOLERS

CHERRY BAKER ROOM, WADES CENTRE, HP27 9AX

JIGGETY-JIG FOR 2& 3 YEAR OLDS 9.30AM

HEIGH-HO FOR 1-2 YEAR OLDS 10.15AM

DING-DONG FOR 3 & 4 YEAR OLDS 11AM

ROCK'N'ROLL FOR BABIES UNDER 1 11.45AM

Our award winning, age specific, Monkey Music classes provide a space for you to share precious time with your little one(s) whilst we sing, make music and move our bodies, all whilst supporting your little one's language, physical and social development.

Booking is essential. Please email Sally at: aylesbury@monkeymusic.co.uk quoting 'Festival Week' to claim your FREE trial if you have not attended Monkey Music before or if you have been to Monkey Music, to book in for just £5.

FIRST STEPS PRE-SCHOOL STAY AND PLAY 09:30-11:00

FIRST STEPS PRE-SCHOOL, SCOUT AND GUIDE CENTRE, LONGWICK ROAD, HP27 9HN

Open to all children aged 0-4 and their parents. There will be lots of fun activities for the kids and the chance to explore the pre-school's fantastic outdoor space. This is free to attend.

Please email: maxine@firststepsrisborough.org.uk or call: 07762 326772 for more information.

REFLEXOLOGY TASTER SESSIONS – 30 MINS

10:00-13:00

UPPER EAST, SHOOTACRE LANE, HP27 9EH

Enjoy a 30-minute Reflexology taster session for free with WhiteLeaf Therapies.

To book your treatment, please contact Rebecca at rebecca@whiteleaf-therapies.clinic or telephone: 07768 955261.

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-17:00

PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Pop in to see us at Princes Risborough Library to purchase something from our array of books – from second hand to brand new, to help us raise money to fund future events and activities for our community.

THE PRINCES RISBOROUGH PHOTOGRAPHIC SOCIETY EXHIBITION 10:00-17:00

MEETING ROOM AT PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

'SOMEWHERE OVER THE RAINBOW'

MUSICAL PERFORMANCE BY JINGLERS CHOIR 10:30

ST MARY'S CHURCH, CHURCH LANE, HP27 9AW

A lovely fun morning of musical entertainment from the well-known Jingers Choir bringing their own brand of joy! Just turn up, we will be delighted to see you! Refreshments from 10:00.

Contact Sue Newton on: 01844 345105 or email: suejoynewton@yahoo.co.uk

STAY STEADY STAY STRONG – GROUP-BASED STRENGTH AND BALANCE TRAINING FOR OLDER PEOPLE 10:30-11:30

SPORTS HALL, WADES CENTRE, HP27 9AX

Do you ever feel unsteady? Are you worried about falling? Or do you know an older person who would answer yes? Join us in our specialist strength and balance exercise class for older people, help maintain your independence, keep mobile and steady on your feet. We hope to see you soon!

For further details to book your FREE taster session please contact Lucie: 07951 294178.



MEET YOUR LOCAL MP GREG SMITH
11:30-13:00

BRUSHWOOD SUITE, WADES CENTRE, HP27 9AX

Come along to meet your local member of parliament, Greg Smith. Ask him any questions on issues about your local area.

Call us on: 01844 275912 or email: towncouncil@princesrisboroughtowncouncil.gov.uk to book your space.

FREE BEGINNER PILATES LESSON
12:00-13:00

SPORTS HALL, WADES CENTRE, HP27 9AX

Free Trial Beginner Pilates lesson with Sarah Brown from Next Chapter Pilates. Just bring your own exercise mat and small folded hand towel/cushion.

Limited spaces available! To book your space email: nextchapterpilates@outlook.com

T'AI CHI FOR OVER 50s 13:30-14:30

WADES PARK, STRATTON ROAD, HP27 9AX

T'ai Chi is a gentle martial art for strength, flexibility, healing and mindfulness. Our over 50's class has been running since October 2022, and has had a huge benefit to our attendees, both physically and mentally. We would love to get as many Risborough residents involved as possible. No booking needed, just turn up!

To find out more about Active in the Community, please visit: www.facebook.com/activeinthecommunity

BOWLS CLUB OPEN DAY FROM 17:00

PRINCES RISBOROUGH BOWLS CLUB, NEW ROAD, HP27 0JN

Call in and find out all about lawn green bowling, we will take you on the green and you can try the game for yourself. It is very social, you may find that you like it. This event is free.

LIVE MUSIC – MY NAME IS JEFF
FROM 21:00

THE BELL, 21-23 BELL STREET, HP27 0AA

Last year's Princes Risborough Town Festival Headliners "My Name is Jeff" are returning to The Bell with their energetic Rock and Pop Covers. Friday 30th June from 9pm. Join us for a night of excellent singalong covers of your favourite rock and pop songs, old and new. Free Entry. Over 18's Only.

To find out more about The Bell, please visit: facebook.com/thebellrisborough

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SATURDAY 1ST JULY

FITNESS IN THE PARK 9:30-10:20

ST DUNSTONS PARK, MILL LANE, HP27 9JF

Group cardio and weight workout (using dumbbell exercises) for all abilities. Low to high impact and low to high intensity exercises. Whole body workout for strengthening, fat burning, getting active and feeling great. Each exercise will have adaptations to suit your fitness ability, experience and to cater for any previous injury/difficulties. All ages are welcome. I have dumbbells to borrow if you do not have any. Please bring a mat or towel to lie on and a drink. Wear supportive footwear and clothing with appropriate layers.

*For more information, please contact:
Charlie Steptoe: 07930 915859 or on
Instagram: @charlie_fitness_academy*

PRINCES RISBOROUGH NORTH SIGNAL BOX OPEN DAY 10:00-16:00

PLATFORM 4, PRINCES RISBOROUGH RAILWAY STATION, HP27 9DD

Built in 1904, Princes Risborough North Signal Box is the largest surviving Great Western Railway Signal Box and is currently being restored by volunteers from the Chinnor & Princes Risborough Railway Association. Today the signal box is open to the residents of Princes Risborough and the surrounding area. As well as learning about mechanical signalling, visitors can see at close hand the restoration taken place so far, the work still to do and the future plans for the signal box. Enjoy a free cup of tea or coffee with biscuits. Admission is free but donations are welcome.

See: chinnorrailway.co.uk for information.

TENNIS OPEN DAY 10:00-16:30

PRINCES RISBOROUGH LAWN TENNIS CLUB, NEW ROAD, HP27 0JN

Head to Princes Risborough Lawn Tennis Club for an Open Day with toddler and junior sessions, general adult play, as well as racket demos by Sportscene and the opportunity to try out the equipment. Don't worry if you haven't got all the gear.

*For more information, please visit:
www.prltc.com/home/*

BOOK SALE AT PRINCES RISBOROUGH LIBRARY 10:00-13:00

PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Pop in to see us at Princes Risborough Library to purchase something from our array of

books - from second hand to brand new, to help us raise money to fund future events and activities for our community.

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MEETING ROOM AT PRINCES RISBOROUGH LIBRARY, BELL STREET, HP27 0AA

Make sure you come and visit us at Princes Risborough Library to witness the spectacular photographs that the Photographic Society have been able to capture and curate into an exhibition.

LOCAL HISTORY EXHIBITION 11:00-16:00 LITERARY INSTITUTE, 37 HIGH STREET, HP27 0AE

No booking necessary for this exhibition of historical material relating to the town and surrounding villages. NB The Exhibition is on the upper floor of the Institute. The Heritage Society regrets that although there is a well-designed staircase, access may not be possible for those with limited mobility. Free admission but donations to help develop the Heritage Society's collection and support the Institute would be welcomed.

SNOOKER CLUB OPEN DAY 11:00-16:00 LITERARY INSTITUTE, 37 HIGH STREET, HP27 0AE

No booking necessary for the snooker club open day. Just come in and play some snooker. Memberships available on the day at a reduced fee for the remainder of the year. Free admission but donations to help develop the Society's collection and support the Institute would be welcomed.

THE BIRD BEER FESTIVAL 12:00-23:30 THE BIRD IN HAND, 47 STATION ROAD, HP27 9DE

Beer festival with our local breweries plus Street Food, Live Music and Garden Games! This event is free to attend.

*For more information, please see
[@thebirdinhandpr](https://www.instagram.com/thebirdinhandpr) on Instagram.*

BOWLS CLUB OPEN DAY FROM 14:00 PRINCES RISBOROUGH BOWLS CLUB, NEW ROAD, HP27 0JN

Call in and find out all about lawn green bowling, we will take you on the green and you can try the game for yourself. It is very social, you may find that you like it. This event is free.

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STREET FESTIVAL 1PM - 6PM

HIGH STREET, HP27 0BD

All day parking in both The Mount Car Park and Horns Lane Car Park available.

(Please note Duke Street, High Street, and Church Street will be closed to traffic from 08:30-20:00)



BEACH YOU TO IT

Risborough Festival just wouldn't be the same without a trip to the beach! Make sure you have your flip-flops packed and join us for a day on the beach, complete with deckchairs and ice-cream.

This event is kindly sponsored by Blanchford Building Supplies and C. Putnams and Sons LTD.



SURF'S AWAY!

There's no need to head to Bondi Beach to catch those big waves! A stone's throw away from the famous Risborough Festival Beach, those aged 10 or over can enjoy a go on this Surf Simulator anytime between 13:00-18:00.

This event is kindly sponsored by GreenMotion Local Car and Van Rental.



STILT WALKERS

Can you spot the stilt walkers at the Summer Festival? Snap a photo with our summer stilt walkers and tag us on social media!

This event is kindly sponsored by Dukes Wine Bar and Lightfoots Solicitors.



FACE PAINTING

Why not add a bit of sparkle to your day? We will be joined by the fantastic Sunday's Faces from 13:00-18:00 who will be offering free face painting.

This event is kindly sponsored by Caloo.



CRAFT WORKSHOP TENT

Nothing brings out joy and delight in children better than getting a little crafty and exploring their own imagination. Head down to the Craft Workshop tent outside of the Library anytime between 13:00-18:00 to enjoy some colouring, designing, and constructing.

This event is kindly sponsored by GreenMotion Local Car and Van Rental.



INTERACTIVE WORKSHOPS

Fancy trying something new? We will have a series of interactive workshops taking place outside of the Library.

See our social media or website for more information.

THE TOWN COUNCIL WOULD ALSO LIKE TO GIVE SPECIAL THANKS TO THE FOLLOWING FOR THEIR ONGOING SUPPORT AND ENCOURAGEMENT

Our main sponsor for 2023 Michael Graham Estate Agents - our sincere thanks for their continued support of our Town Festival

- Blanchford Building Supplies • Buckinghamshire Council • Caloo • Chiltern View Magazines
- C. Putnams and Sons LTD • Chris Hobbs • Dukes Wine Bar • GreenMotion Local Car and Van Rental
- GroundWorks Bag For Helps Scheme • Lightfoots Solicitors • Natalie Druce • P.A. Spittles Landscape Ltd
- Rotary Club of Princes Risborough • Striders Up 4 Grabs • Thames Valley Police • Trevor Fitch

This event would not be possible without our loyal volunteers, thank you to each and every one of you. Festival week relies on the kindness of local organisations, groups, and business, thank you to all who have contributed an activity or event to this year's programme.





ENTERTAINMENT FOR ALL ON THE MAIN STAGE

PRINCES RISBOROUGH SECONDARY SCHOOL BAND

The PRS Band are a mix of students from all year groups who share a passion for playing and performing music from all genres and styles.

PRINCES RISBOROUGH SCHOOL DANCE DEPT

This thriving aspect of the upper school incorporates all styles of dance throughout the curriculum. They hold a yearly Dance Show and inter-house competition. We are delighted to have them return to our Festival stage this year.

SESHANATYANIKETHAN

Bharatanatyam, also known as the mother of all other classical dance styles, is considered as the oldest dance form in the country India that originated from the temple dancers in Tamil Nadu. The dance is a pure amalgam of expressions, music, beat and rhythm.

THE KYTES

A three piece pop rock cover band. The bands members are Neil Graham on drums, Jeff Saunders on bass guitar and backing vocals, and John Rogers on guitar and lead vocals.

CAHOOTS!

Cahoots! is a musical duo featuring Katherine on vocals and Steve on keyboards/sound effects – a father and daughter team project created in the aftermath of a band split early in 2017. Cahoots! aims to provide a wide variety of music covers from artists such as Adele, Duffy, Lady Gaga, Pink... right through to ZZ Top!

STAGE PLUS

Stage Plus School of Performing Arts have run classes locally in Princes Risborough for almost 40 years. We hope you enjoy this performance showcase of some of our wonderful students. Please come and see us at our stall to learn more about the classes we offer.

EVROD COTTOY

Buckinghamshire based singer Evrod Cottoy believes that music is the language of the soul, the language of healing and sound of the human experience. His mission is to bring smiles to peoples faces and leave them with a fun filled, memorable experience.

KIERA GABRIELLE

Local singer Kiera Gabrielle is a captivating performer. She has a talent for writing raw and meaningful songs based on her personal life experiences.

ROCKBONE

RockBone's motto is simple:- If they can rock it up, they'll play it! They don't take themselves too seriously, just as long as everyone has a great night, that's pretty much all they care about - along with belting out some great classic songs that everyone can sing along to.

FOOD & DRINKS

THROUGHOUT HIGH STREET

We will have a variety of food and drink offerings available throughout the afternoon that will get your taste buds singing!



PLEASE KEEP CHECKING THE TOWN COUNCIL WEBSITE AND SOCIAL MEDIA PAGES FOR FURTHER UPDATES ON FESTIVAL WEEK AND OUR STREET FESTIVAL.

www.princesrisboroughtowncouncil.gov.uk

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