



# Enhance a life today and become a Befriender!

You will be supporting lonely and socially isolated clients to build confidence, attend medical appointments, shopping and much more.



## Interested?

Take that first step and contact our Volunteer Co-ordinators to find out how you can make a difference.

**Buckinghamshire: 01296 484322**

**[volunteers@connectionsupport.org.uk](mailto:volunteers@connectionsupport.org.uk)**

**[www.connectionsupport.org.uk](http://www.connectionsupport.org.uk)**

 **[@connectionsup](https://twitter.com/connectionsup)**

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